YMITTOS

SPRINGS, FORESTS & DAWN AMBIENCES

Official tracklist and embedded WAV metadata | SunBoat Studios

RECORDINGS	TOTAL PLAYTIME	AUDIO	NAMING
11	**97:55**	**48 kHz / 24-bit Stereo PCM**	**UCS-compliant filenames**

Tracklist

01 Kryos Vrysi Spring Close Water | 08:08
02 Kryos Vrysi Spring Medium Forest | 09:04
03 Kryos Vrysi Distant Spring Forest | 02:34
04 Kaisariani Night Forest Crickets City Wash | 04:58
05 Kaisariani Monastery Night Crickets | 03:22
06 Kalopoula Midday Stream Insects | 06:58
07 Taxiarhes Afternoon Birds Breeze | 04:10
08 Kalopoula Dawn Spring Close Water | 04:58
09 Kalopoula Dawn Bird Chorus Stream | 16:47
10 Kalopoula Dawn Stream Birds Wildlife | 15:44
11 Taxiarhes Dawn Bird Chorus City Wash | 21:09

Recorded on Mount Ymittos, Attica, Greece in June 2026. Original field recordings by Spyros Politis, SunBoat Studios. The following pages document the exact filenames, detailed descriptions, keywords, UCS fields and BEXT descriptions of the release recordings.

01 Kryos Vrysi Spring Close Water

WATRFoun_Kryos Vrysi Spring Close Water_SUNBOAT_YMITTOS.wav

UCS	WATRFoun / FOUNTAIN
Duration	08:08 | 488.420 s | stereo PCM / 48 kHz / 24-bit
Description	Late-afternoon to early-evening close-up of water falling from the ram-head stone spring at Kryos Vrysi on Mount Ymittos, Greece. A continuous, rich pattern of water droplets and splashes dominates the recording, with only very faint distant birds in the background. Extended natural take.
Keywords	spring; stone fountain; water; water droplets; trickling; splashing; close-up; late afternoon; early evening; Kryos Vrysi; Kaisariani; Mount Ymittos; Attica; Greece; Mediterranean; outdoor
BEXT	Kryos Vrysi stone ram-head spring, late afternoon. Close, rich falling water droplets and splashing, with only very faint distant birds.
Creator	Spyros Politis
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02 Kryos Vrysi Spring Medium Forest

WATRFoun_Kryos Vrysi Spring Medium Forest_SUNBOAT_YMITTOS.wav

UCS	WATRFoun / FOUNTAIN
Duration	09:04 | 544.353 s | stereo PCM / 48 kHz / 24-bit
Description	Late-afternoon to early-evening, medium-distance recording of the Kryos Vrysi stone spring on Mount Ymittos. The steady falling water remains prominent while distant birds become more audible, and a broad surrounding forest atmosphere gives the recording a spacious perspective. Extended natural take.
Keywords	spring; stone fountain; flowing water; forest; birds; medium distance; late afternoon; early evening; outdoor; natural ambience; Kryos Vrysi; Kaisariani; Mount Ymittos; Attica; Greece; Mediterranean
BEXT	Kryos Vrysi stone spring, late afternoon. Prominent falling water at medium distance, more audible birds and surrounding forest atmosphere.
Creator	Spyros Politis
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03 Kryos Vrysi Distant Spring Forest

AMBForst_Kryos Vrysi Distant Spring Forest_SUNBOAT_YMITTOS.wav

UCS	AMBForst / FOREST
Duration	02:34 | 154.090 s | stereo PCM / 48 kHz / 24-bit
Description	Late-afternoon to early-evening distant perspective of the Kryos Vrysi spring within a wider Mediterranean forest atmosphere. Soft spring water blends with diffuse environmental wash and faint distant bird calls, creating a spacious hillside soundscape. Extended natural take.
Keywords	forest; spring; distant water; distant birds; outdoor ambience; hillside; environmental wash; late afternoon; early evening; Kryos Vrysi; Mount Ymittos; Attica; Greece; Mediterranean
BEXT	Kryos Vrysi spring, late afternoon. Distant spring water with forest atmosphere, diffuse environmental wash and faint bird calls.
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04 Kaisariani Night Forest Crickets City Wash

AMBForst_Kaisariani Night Forest Crickets City Wash_SUNBOAT_YMITTOS.wav

UCS	AMBForst / FOREST
Duration	04:58 | 298.140 s | stereo PCM / 48 kHz / 24-bit
Description	Night forest ambience near Kaisariani Monastery with close crickets calling intermittently, much fainter insects in the distance, scattered bird sounds and a diffuse Athens city wash far beyond the trees.
Keywords	night; forest; nocturnal; crickets; insects; intermittent calls; distant birds; distant city wash; urban rumble; Kaisariani; monastery; Mount Ymittos; Athens; Greece; Mediterranean; Eurasian blackbird
BEXT	Kaisariani forest at night. Intermittent close crickets, very distant insects and bird calls, and diffuse Athens city wash.
Creator	Spyros Politis
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05 Kaisariani Monastery Night Crickets

AMBInsc_Kaisariani Monastery Night Crickets_SUNBOAT_YMITTOS.wav

UCS	AMBInsc / INSECT
Duration	03:22 | 202.280 s | stereo PCM / 48 kHz / 24-bit
Description	Night ambience just outside the entrance to Kaisariani Monastery. A continuous layer of crickets is prominent against a distant, diffuse wash from Athens, with the surrounding forest atmosphere present underneath.
Keywords	night; crickets; insects; insect bed; continuous; distant city wash; urban rumble; monastery; entrance; forest; Kaisariani; Mount Ymittos; Athens; Attica; Greece; Mediterranean
BEXT	Outside Kaisariani Monastery entrance at night. Continuous crickets, distant Athens city wash and underlying forest atmosphere.
Creator	Spyros Politis
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06 Kalopoula Midday Stream Insects

WATRFlow_Kalopoula Midday Stream Insects_SUNBOAT_YMITTOS.wav

UCS	WATRFlow / FLOW
Duration	06:58 | 418.400 s | stereo PCM / 48 kHz / 24-bit
Description	Midday recording of the Kalopoula stream, with flowing water heard from two distinct positions across the stereo field. Nearby insects, distant birds and a faint underlying Athens city wash add depth. Extremely faint, unintelligible human chatter is present far in the background.
Keywords	stream; creek; flowing water; water; stereo; left right; midday; insects; distant birds; distant urban wash; Kalopoula; Mount Ymittos; Athens; Attica; Greece; Mediterranean
BEXT	Kalopoula stream at midday. Water at distinct left and right positions, insects, distant birds, faint Athens wash and very distant indistinct chatter.
Creator	Spyros Politis
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07 Taxiarhes Afternoon Birds Breeze

AMBForst_Taxiarhes Afternoon Birds Breeze_SUNBOAT_YMITTOS.wav

UCS	AMBForst / FOREST
Duration	04:10 | 250.000 s | stereo PCM / 48 kHz / 24-bit
Description	Afternoon hillside ambience outside the monastery garden at Taxiarhes on Mount Ymittos. Birds sing intermittently over light breeze and an expansive, diffuse Athens city wash in the distance.
Keywords	afternoon; hillside; forest; bird calls; birdsong; breeze; light wind; distant city wash; outdoor ambience; monastery; Taxiarhes; Mount Ymittos; Athens; Greece; Mediterranean; common chaffinch; common firecrest; cirl bunting; coal tit
BEXT	Taxiarhes hillside forest in the afternoon. Light breeze, scattered birdsong and diffuse distant Athens city wash.
Creator	Spyros Politis
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08 Kalopoula Dawn Spring Close Water

WATRFoun_Kalopoula Dawn Spring Close Water_SUNBOAT_YMITTOS.wav

UCS	WATRFoun / FOUNTAIN
Duration	04:58 | 298.258 s | stereo PCM / 48 kHz / 24-bit
Description	Close-up dawn recording of water falling and bubbling from the constructed Kalopoula spring spout on Mount Ymittos, Greece. A continuous, detailed water texture dominates the recording, with other environmental sounds remaining unobtrusive.
Keywords	spring; fountain; water; bubbling; falling water; dripping; close-up; dawn; source; Kalopoula; Mount Ymittos; Attica; Greece; Mediterranean
BEXT	Kalopoula spring at dawn, close to the constructed water spout. Continuous falling and bubbling water with little other audible activity.
Creator	Spyros Politis
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09 Kalopoula Dawn Bird Chorus Stream

AMBBird_Kalopoula Dawn Bird Chorus Stream_SUNBOAT_YMITTOS.wav

UCS	AMBBird / BIRDSONG
Duration	16:47 | 1007.495 s | stereo PCM / 48 kHz / 24-bit
Description	Extended dawn forest ambience at Kalopoula with a prominent chorus of birds, softer flowing stream water, scattered insects and a light breeze. The stream sits within the wider natural soundscape rather than dominating it. Extended natural take.
Keywords	dawn; bird chorus; birdsong; songbirds; forest; stream; soft water; insects; light breeze; morning; long ambience; Kalopoula; Mount Ymittos; Attica; Greece; Mediterranean; common chaffinch; great tit; Eurasian magpie; coal tit; Eurasian blackbird
BEXT	Kalopoula stream and forest at dawn. Strong bird chorus, softer stream water, light breeze and scattered insects.
Creator	Spyros Politis
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10 Kalopoula Dawn Stream Birds Wildlife

WATRFlow_Kalopoula Dawn Stream Birds Wildlife_SUNBOAT_YMITTOS.wav

UCS	WATRFlow / FLOW
Duration	15:44 | 944.000 s | stereo PCM / 48 kHz / 24-bit
Description	Extended dawn recording of the Kalopoula stream with prominent flowing water, a lively chorus of songbirds, magpie calls and light breeze. A brief low grunt-like wildlife vocalization occurs around 00:16 and may be a fox. Extended natural take.
Keywords	dawn; stream; flowing water; close water; bird chorus; songbirds; magpies; wildlife; animal call; light breeze; morning; forest; Kalopoula; Mount Ymittos; Attica; Greece; Mediterranean; common chaffinch; great tit; Eurasian magpie; coal tit; Eurasian blackbird
BEXT	Kalopoula stream at dawn. Prominent flowing water, dawn birdsong, magpie calls, light breeze and a possible fox-like grunt near 00:16.
Creator	Spyros Politis
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11 Taxiarhes Dawn Bird Chorus City Wash

AMBForst_Taxiarhes Dawn Bird Chorus City Wash_SUNBOAT_YMITTOS.wav

UCS	AMBForst / FOREST
Duration	21:09 | 1269.481 s | stereo PCM / 48 kHz / 24-bit
Description	Extended dawn hillside forest ambience at Taxiarhes with active birdsong and a clearly audible, diffuse Athens city wash in the distance. The urban presence forms a broad atmospheric bed without distinct individual vehicle pass-bys. Extended natural take.
Keywords	dawn; forest; hillside; bird chorus; birdsong; morning; distant city wash; Athens wash; diffuse urban rumble; expansive; monastery; Taxiarhes; Mount Ymittos; Athens; Attica; Greece; Mediterranean; common firecrest; short-toed treecreeper; goldcrest; great tit; cirl bunting; Eurasian magpie; European robin; coal tit; Eurasian blackbird; house sparrow
BEXT	Taxiarhes hillside forest at dawn. Active birdsong over a prominent diffuse Athens city wash without identifiable vehicle pass-bys.
Creator	Spyros Politis
Library	YMITTOS: Springs, Forests & Dawn Ambiences
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